

Discover Scuba Diving

PADI Discover Scuba Diving Experience



Have you ever wondered what it's like to [breathe underwater](#). If you want to find out but aren't quite ready to take the plunge into a certification course, Discover Scuba Diving will let you try scuba to see if you like it. At NOVA Dive Center, we offer this course in either a pool or other body of water. You might try it close to home or while you're on [vacation](#).

While not an actual scuba certification, during the Discover Scuba Diving experience you'll learn how to use [scuba equipment](#) in shallow water and get a quick and easy introduction to what it takes to explore the underwater world.

The Fun Part

There is nothing like [breathing underwater](#) for the very first time. It takes a little getting used to – after all, human beings weren't designed to do that – but after a few minutes of awestruck wonder, most participants realize how easy scuba diving really is. The biggest challenge instructors have with the Discover Scuba Diving program is not coaxing participants into the water, but coaxing them out when the program is over. The fun part? It's all fun!

- Plus, you can get credit! If your Discover Scuba Diving program includes an actual scuba dive in open water, your experience may count toward PADI [Scuba Diver](#) or [Open Water Diver](#) certification, putting you a step ahead of the game when you decide to go for it.

What You Learn

You learn the basics you need to dive under the direct supervision of a PADI Professional. One thing you'll learn is that you really can [breathe underwater](#) and whether you like doing that or not. You will:



- Learn what wearing [scuba equipment](#) feels like and how easy it is to move around underwater while wearing it
- Find out what it's like to [breathe underwater](#) and learn whether you can be comfortable there
- Learn some basic skills and safety rules that will carry over to your [full scuba certification course](#) when you take the next step

The Scuba Gear You Use

All the equipment you will need is typically included in a Discover Scuba Diving experience. You'll use all the [basic scuba gear](#) including a [mask](#) , [snorkel](#) and [fins](#), a [buoyancy compensating jacket](#) that also carries your [scuba tank](#), a [scuba regulator](#) to breathe from and [instrumentation](#) to monitor depth and air supply. You might also wear a scuba [wetsuit](#) or a [weight system](#) depending on where you do your Discover Scuba Diving program.

Ask the [dive shop](#) where you plan to take your Discover Scuba Diving program about the scuba equipment you'll use.

The Learning Materials You Need

- Just your willingness and undivided attention

Prerequisites

- To take Discover Scuba Diving, you must be:
At least 10 years old

Your Next Adventure

Once you complete a Discover Scuba Diving program, you'll want to check out: [Scuba Diver](#) and [Open Water Diver](#) certification courses.